

Printable directions to Stanley House

From the south

Leave the M6 at junction 36 and follow the A590 signs for Barrow. Around 15 miles from the motorway, you'll take a right hand turn at Greenodd following signs for Workington and Whitehaven and the A5092 (A595). Carry on along this picturesque road for around 11 miles to the traffic lights at Duddon Bridge, then turn right following the signs for Ulpha and Seathwaite.

The roads will start to get narrower for 3.5 miles, then turn left for Eskdale and Whitehaven, just 300 yards after the mini Post Office. Head up the 'short, sharp, shock' hill and continue over the hills for 6.5 miles. When you reach the King George IV pub, turn right, signed Boot and Eskdale. Follow this road and you'll soon be welcomed by Stanley House on your right.

From the north

Leave the M6 at junction 40 and follow the A66 signs for Keswick and then Cockermouth (about 30 miles). You'll come to a large roundabout at Cockermouth (next to the Shepherd's Hotel/Sheep & Wool Centre - take the first exit signed A5086 Egremont and continue along this road for 14.8 miles until you reach a roundabout at Egremont.

Take the first exit, signed A595 Barrow, then go 'straight on' at the next 3 roundabouts. After 10.5 miles, you'll come to a petrol station on your right (last petrol before us). Turn left just after the petrol station, following the signs to Santon Bridge and Eskdale Green. At this point the road gets narrower.

Continue along this road for 1.6 miles, and turn right (signed Eskdale Green), then at the end of this road (1.8 miles), turn right and pass through Eskdale Green, then turn left at the King George IV pub signed Boot and Eskdale. Follow this road and you'll soon be welcomed by Stanley House on your right.

A word about our spectacular mountain passes

Unless you know the roads around here very well, we would recommend that you do not come via Ambleside and Hardknott and Wrynose Passes. These are spectacular roads and well worth doing at a leisurely pace during your visit, but we wouldn't recommend attempting them for the first time in the dark or in bad weather. Your Sat Nav may encourage you to take this route but save yourself some unnecessary stress and come another way.